

# A FREE EVENT

Presented by  
Vegan Logic



## 4Leaf

GUIDE  
TO VIBRANT HEALTH

## FREE PRESENTATION AND Q&A SESSION

USING THE POWER  
OF FOOD TO HEAL  
OURSELVES AND  
OUR PLANET

**OCTOBER 11**  
**2:00 PM**

**THE LOFT CINEMA**

3233 E Speedway Blvd,  
Tucson, AZ 85716

Want to **LEARN FROM A MEDICAL DOCTOR** a powerful and easy way to take charge of your health?

Want to learn how to improve your diet to **MAXIMIZE** the chances of **VIBRANT HEALTH?**

## **KERRY GRAFF, MD** **AND J. MORRIS HICKS**

**Discuss Their New Book and More**

Come Early **from 12 - 2** to meet and greet the authors as well as purchase fantastic local vendor food

Don't miss this opportunity to learn how to use the power of food to heal ourselves & our planet

“Concise and powerful information that cuts to the critically important issues of plant-based nutrition and its crucial impact on our health and our planet.”

- *W. Shane Williams, MD, Cardiology,  
Internal Medicine Ontario Canada*



**Kerry Graff, MD** is a family practitioner who was taught by a patient that prescribing medication enabled people to continue the destructive behaviors that made them sick in the first place, who then went on to transform her medical practice to focus on the cause of disease rather than just treat the symptoms.

**J. Morris Hicks** is a combination of writer, speaker and activist—with a mission of educating the world about the most important topic in the history of humanity. Author of *Healthy Eating, Healthy World*, J.

Morris Hicks shifted his career as an engineer and business executive to activist after he became curious about the optimal diet for humans in 2003.



Give the best possible gift to your children — a roadmap for a long, healthy and happy life, the natural result of eating what nature had in mind for humans to eat.